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ISSUE VII

SAME TITLE

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DRILLS

MODEL SESSION FOR CCH'S 5, 6, & 7

Each of the following drills is based on the processes of L. Ron Hubbard. Each is a separate process and will be taken to its own end phenomena (EP) (result - cognition and VGIs) one at a time. The drills are done on a doll with the coach speaking for and moving the doll during each drill.

Reference: HCOB 30 Sept 71, Issue VI, "CCHs 5, 6, & 7"
HCOB 11 June 57, "Training & CCH Processes"
(Section on CCH 5)

NUMBER: CCH 5

NAME: Location by Contact.

COMMANDS: "Touch that (indicated object)." "Thank you."

POSITION: Auditor and preclear may be seated where the preclear is very unable, in which case they are seated at a table which has a number of objects scattered on its surface. Or auditor and preclear may be ambulant, with the auditor in manual contact with the preclear as is necessary to face him toward and guide him to the indicated object.

PURPOSE: The purpose of the process is to give the preclear orientation and havingness and to improve his perception.

TRAINING STRESS: Training stress is upon gentleness, ARC and the raising of the preclear's certainty that he has touched the indicated object. It should be noticed that this can be run on blind people.

HISTORY: Developed by L. Ron Hubbard from Locational Processing in 1957." LRH HCOB 30 Sept 71, Issue VI, "CCH's 5, 6, & 7".

STEPS:

1. Select and set up an auditing space, and prepare your auditing report forms. The space should be large enough and suitable for the PC (doll) to be able to walk around and touch objects.
2. Inform the Supervisor that you are going to be starting a session and show the Supervisor that you are up to that part of your checksheet, and just where the session will be.

3. Get the PC's folder and check with the Supervisor so that he knows you understand what the next action is to be. He will give you an OK to start session.
4. Get the PC, sit the PC in his or her chair and then sit down across from the PC - knees a few inches from the PC's.
5. Ask the PC if it is all right to audit in the room and if not, make things right by adjusting the room or location of auditing.
6. Tell the PC the purpose of such sessions (Reality Factor) - "I want to improve your ability.". It is the auditor's goal at this level, not the PC's.
7. Tell the PC "Start of session.", and start your report forms.
8. Tell the PC that you will be doing CCH 5. Clear the words of the command in backwards sequence; then clear the command itself. Then note the time and place your clip board on the floor. (Reports are written up after the session for objective processes.)
9. Have the PC stand up with you, and you say, "Start of process.".
10. Give the PC the first command, "Touch that (indicated object)." and at the same time, indicate the object with your hand.
11. Allow the PC to carry out the command, and then acknowledge him for doing so.
12. Repeat (10) and (11) choosing different objects in the room.
13. Take up any physical manifestations as a PC origination by saying "What's happening?". This is done after the PC has carried out the command and been acknowledged.
14. Repeat (10) and (11) until the PC has the end phenomena (EP), Cognition and VGIs (very good indicators). End off the process with "That's it" and have the PC sit down. Then signal to the Supervisor who will have you take the PC to the Examiner, to check for an F/N, or continue the process if a full EP has not been achieved. When you go to the Examiner, bring back the exam report with you.
15. If you must end session before the EP of the process, do the following: a) When your PC is at a flat point in the process, say "We'll have to be ending shortly." b) When the PC has carried out an extra command or two, say "We're closing the session now." (Have the PC sit down.) "Have you made any gains in this session?" c) Quickly note down on your report form the PC's answer. d) End the session with "End of Session.". Take the PC to the Examiner.
16. After the session, write up your auditing report forms for the session; put them into the PC's folder and hand them in to the Supervisor.

NOTE: If you get into an impasse in session and can't make any progress, or if the PC becomes upset or other confusions arise, signal to the Supervisor who will assist in the situation.

Reference: HCOB 30 Sept 71, Issue VI, "CCH's 5, 6, & 7"
HCOB 11 June 57, "Training & CCH Processes"
(Section on CCH 6)

"NUMBER: CCH 6

NAME: Body-Room Contact.

COMMANDS: "Touch Your (body part)." "Thank you." "Touch that (indicated room object)." "Thank you."

POSITION: Auditor and preclear move about together as needed, the auditor enforcing the commands by manual contact using the preclear's hands to touch objects and touch body parts.

PURPOSE: To establish the orientation and increase the havingness of the preclear and to give him in particular a reality on his own body.

TRAINING STRESS: Training stress is upon using only those body parts which are not embarrassing to the preclear as it will be found that preclear ordinarily has very little reality on various parts of his body. Impossible commands should not be given to the preclear in any case.

HISTORY: Developed by L. Ron Hubbard in 1957 in Washington, D.C., as a lower step than Body-Room Show Me. " LRH
HCOB 30 Sept 71R, Issue VI, "CCH's 5, 6, & 7".

STEPS:

1. Do the steps (1) through (7) as given in CCH 5.
2. Tell the PC you are now going to do CCH 6. Clear the words of the first command in backwards sequence. Then clear the command itself. Do the same for the second command. Then note the time and place your clip board on the floor.
3. Have the PC stand up with you, and say "Start of process."
4. Give the PC the first command, "Touch your (a body part)."
5. Allow the PC to carry out the command, and then acknowledge him for doing that with "Thank you."
6. Give the PC the next command, "Touch that (indicated room object)", and when you give the command indicate the object with your hand.
7. Allow the PC to carry out the command, and then acknowledge him for doing that with "Thank you."
8. Take up any physical change as a PC origination as it occurs. This is done after the PC has carried out the command and been acknowledged.

9. Repeat (4) through (7) using different body parts and different objects around the room. For example, "Touch your left knee." "Thank you." "Touch that table." "Thank you." "Touch your neck." "Thank you." "Touch that floor." "Thank you."

10. Repeat (4) through (7) until the PC has the EP (Cognition and VGIs). End off the process with "That's it" and have the PC sit down. Signal to the Supervisor who will have you take the PC to the Examiner to check for an F/N, or continue the process if a full EP has not been achieved. When you go to the Examiner, bring back the report with you.

11. If you must end session before the EP of the process, do step (15) as given in CCH 5.

12. After the session, write up your auditing report forms for the session. Put them into the PC's folder and hand them in to the Supervisor. (Do your worksheets - noting what you can remember happening in the session, Auditor Report Form and a Summary Report Form.)

NOTE: If you get into an impasse in session and can't make any progress, signal to the supervisor who will assist you.

Reference: HCOB 30 Sept 71, Issue VI, "CCHs 5, 6, & 7"
HCOB 11 June 57, "Training and CCH Processes"
(Section on CCH 7)

"NUMBER: CCH 7

NAME: Contact by Duplication.

COMMANDS: "Touch that table." "Thank you." "Touch your (body part)." "Thank you." "Touch that table." "Thank you." "Touch your (same body part)." "Thank you." "Touch that table." "Thank you." "Touch your (same body part)." "Thank you." etc, in that order.

POSITION: Auditor may be seated. Preclear should be walking. Usually auditor standing by to manually enforce the commands.

PURPOSE: Process is used to heighten perception, orient the preclear and raise the preclear's havingness. Control of attention as in all these "contact" processes naturally takes the attention units out of the bank which itself has been controlling the preclear's attention.

TRAINING STRESS: Training stress is on precision of command and motion, with each command in its unit of time, all commands perfectly duplicated. Preclear to continue to run process even though he dopes off. Good ARC with the preclear, not picking one body part which is aberrated at first but flattening some non-aberrated body part before aberrated body part is tackled.

HISTORY: Developed by L. Ron Hubbard in 1957 in Washington,

D.C., as a lower level process than Opening Procedure by Duplication, or Show Me by Duplication. All contact processes have been developed out of the Pre-Logics." LRH HCOB 30.9.71, Issue VI, "CCHs 5, 6, & 7".

STEPS:

1. Do the steps (1) through (7) as given in CCH 5.
 2. Tell the PC you are now going to do CCH 7. Clear the words of the first command in backwards sequence. Then clear the command itself. Do the same for the second command. Then note the time you start and place your clip board on the floor.
 3. Have the PC stand up with you, and say, "Start of process."
 4. Give the PC the first command, "Touch that table."
 5. Allow the PC to carry out the command, and then acknowledge him for doing so with "Thank you."
 6. Give the PC the next command, "Touch your (a body part)."
 7. Allow the PC to carry out the command and then acknowledge him for doing so with "Thank you."
 8. Repeat (4) through (7) using the same table and the same body part until that body part is run to a flat point.
 9. Take up any physical change as a PC origination as it occurs. This is done after the PC has carried out the command and been acknowledged.
 10. When one body part is flat, clear another body part and do steps (3) through (9) until that body part is also run to a flat point. Maintain "Good ARC with the preclear, flattening some non-aberrated body part before aberrated body part is tackled." LRH HCOB 11 June 57 "Training and CCH Processes".
- NOTE: A flat point in CCHs = 3 cycles with no change in comm lag, no physically observed change and the PC doing it. (Ref: BTB 12 Sept 63R, "CCHs Data".)
11. The process is continued using as many body parts as necessary until the PC has the EP. End off the process and have the PC sit down. Then signal the Supervisor who will have you take the PC to the Examiner to check for an F/N, or continue the process if a full EP has not been attained. When you go to the Examiner, bring the exam report back with you and put it in the PC's folder.
 12. If you need to end session before reaching the EP of the process, do step (15) as given in CCH 5.
 13. After the session, write up your auditing report forms for the session. (Do your worksheets - noting what you can remember happening in the session, Auditor Report Form and a Summary Report Form.) Put the report forms into the PC's folder and hand it in to the Supervisor.

NOTE: If you get into an impasse in session, signal to the Supervisor who will assist you.

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